

Sudbury Fun Run Results 2019

Position	Cat Pos	Bib	Name	Category	Club	Gun Time	Chip Time	Age Grade
1	1	445	Andrew RIDLEY	MS	Birchfield Harriers	00:27:22	00:27:21	77.80%
2	2	90	Chris BURGOYNE	MS	Springfield Striders RC	00:27:47	00:27:46	78.90%
3	3	389	Daniel O'BOYLE	MS	St Edmunds Pacers	00:27:53	00:27:52	76.40%
4	4	226	Jason GUNN	MS	Colchester Harriers AC	00:28:18	00:28:16	77.00%
5	1	454	Joe ROBSON	MJ	St Edmunds Pacers	00:28:29	00:28:28	74.80%
6	5	360	Mark MCKEOWN	MS	Colchester Harriers AC	00:28:31	00:28:30	76.40%
7	6	240	Kieran HAYLES	MS	Sudbury Joggers	00:28:43	00:28:41	75.50%
8	1	262	Adam HOWLETT	MV40	Framlingham Flyers	00:28:56	00:28:55	81.80%
9	7	141	Tom CRESSWELL	MS	Colchester Harriers AC	00:29:03	00:29:02	73.40%
10	1	211	Daisy GLOVER	FS	Framlingham Flyers	00:29:04	00:29:03	83.20%
11	8	578	Dan WIDDOWSON	MS	Hadleigh Hares AC	00:29:15	00:29:14	74.50%
12	2	597	James WRIGHT	MV40	Colchester Harriers AC	00:29:19	00:29:18	75.80%
13	9	411	Christopher POULDING	MS	St Edmunds Pacers	00:29:25	00:29:22	73.30%
14	10	136	Aidan COUGHLAN	MS	Vegan Runners UK	00:29:32	00:29:23	73.70%
15	11	564	James WELSH	MS	Unattached	00:29:35	00:29:34	72.00%
16	12	351	Steve MASON	MS	Haverhill Running Club	00:29:47	00:29:44	71.60%
17	3	480	Darren SHEPPARD	MV40	Framlingham Flyers	00:29:49	00:29:48	79.30%
18	13	584	Scott WILLIAMS	MS	Stowmarket Striders Running Club	00:30:03	00:30:02	71.00%
19	1	446	Colin RIDLEY	MV50	Colchester Harriers AC	00:30:11	00:30:10	84.50%
20	14	39	Sam BAYLISS	MS	Unattached	00:30:18	00:30:16	70.30%
21	2	348	Keith MARLEY	MV50	Colchester Harriers AC	00:30:20	00:30:18	79.30%
22	4	569	Robert WHITE	MV40	Dartford Road Runners	00:30:21	00:30:19	77.90%
23	3	318	Steve LANGLEY	MV50	Eastern Masters AC	00:30:26	00:30:23	84.50%
24	4	565	Peter WEST	MV50	Colchester Harriers AC	00:30:35	00:30:33	82.00%
25	2	391	Drew OLLEY	MJ	Colchester Harriers AC	00:30:51	00:30:50	69.10%
26	5	374	Chris MOWER	MV40	St Edmunds Pacers	00:31:06	00:31:03	73.10%
27	3	143	Fergus CROUCH	MJ	Colchester Harriers AC	00:31:07	00:31:06	69.00%
28	6	29	Murray BAKER	MV40	TRISudbury	00:31:40	00:31:35	71.80%
29	15	493	Mark SMITH	MS	TRISudbury	00:31:49	00:31:47	68.90%
30	7	232	Nick HAMMOND	MV40	Framlingham Flyers	00:31:50	00:31:48	73.70%
31	1	455	Odette ROBSON	FV40	St Edmunds Pacers	00:32:02	00:32:00	82.20%
32	8	205	Ady FROST	MV40	St Edmunds Pacers	00:32:03	00:32:00	73.80%
33	16	321	Ian LEDIEU	MS	Unattached	00:32:07	00:32:06	66.30%
34	5	537	Michael UNDRILL	MV50	Unattached	00:32:18	00:32:16	75.10%
35	17	125	Simon COLCLOUGH	MS	Unattached	00:32:20	00:32:17	68.20%
36	9	496	Richard SMITH	MV40	Sudbury Joggers	00:32:26	00:32:26	71.20%
37	2	213	Jessie GOODERHAM	FS	St Edmunds Pacers	00:32:27	00:32:23	74.50%
38	18	190	Jamie FITTOCK	MS	St Edmunds Pacers	00:32:36	00:32:32	66.50%
39	19	341	Jonathan MANN	MS	Unattached	00:32:41	00:32:39	67.50%
40	6	511	Roger STONE	MV50	Felixstowe RRC	00:32:48	00:32:43	73.30%
41	10	258	Lee HOLOHAN	MV40	Colchester Harriers AC	00:32:55	00:32:53	69.10%
42	20	390	Ian OLD	MS	Ipswich Jaffa RC	00:33:00	00:32:55	65.30%
43	21	114	Jamie CASTLE	MS	Unattached	00:33:06	00:33:05	64.30%
44	4	433	Charlie REGAN	MJ	Colchester & Tendring AC	00:33:15	00:33:14	66.30%
45	7	194	Richard FLUTTER	MV50	Colchester Harriers AC	00:33:19	00:33:18	72.80%
46	11	377	Paul MURKIN	MV40	Haverhill Running Club	00:33:28	00:33:21	70.10%
47	1	596	David WRIGHT	MV60+	Unattached	00:33:33	00:33:31	78.70%
48	22	296	Will JOHNSTON-WOOD	MS	Unattached	00:33:34	00:33:29	63.50%
49	1	299	Millie JORDAN-LEE	FJ	Stowmarket Striders Running Club	00:33:47	00:33:41	74.60%
50	3	552	Catriona WARD SELL	FS	Unattached	00:33:50	00:33:45	71.50%
51	2	109	Jan KADING	FV40	Stowmarket Striders Running Club	00:33:54	00:33:50	76.90%
52	5	69	Dylan BRADNAM	MJ	St Edmunds Pacers	00:34:03	00:34:00	63.90%
53	6	369	Morgan MOORE	MJ	Stowmarket Striders Running Club	00:34:05	00:33:59	63.00%
54	4	233	Jemma CLARRY	FS	St Edmunds Pacers	00:34:05	00:34:02	70.90%
55	5	364	Kirsty MILLARD	FS	Lonely Goat Running Club	00:34:37	00:34:30	70.30%
56	8	472	Nigel SCHOFIELD	MV50	St Edmunds Pacers	00:34:40	00:34:37	71.70%
57	9	464	Tony SALIMAN	MV50	Unattached	00:34:41	00:34:37	72.30%
58	12	462	Garry RUSSELL	MV40	Unattached	00:34:43	00:34:41	68.10%

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Position	Cat Pos	Bib	Name	Category	Club	Gun Time	Chip Time	Age Grade
59	10	425	Jamie RANDALL	MV50	Haverhill Running Club	00:34:47	00:34:41	70.30%
60	2	357	Ron MCCULLOUGH	MV60+	Ipswich Jaffa RC	00:34:55	00:34:52	85.70%
61	13	571	Ian WHITE	MV40	Unattached	00:34:56	00:34:50	68.30%
62	23	216	Steve GOODWIN	MS	Unattached	00:34:57	00:34:52	62.00%
63	14	538	Dan UPTON	MV40	Unattached	00:34:58	00:34:52	64.50%
64	2	373	Amelia MOULE	FJ	Unattached	00:35:02	00:34:54	69.80%
65	15	62	Rob BOLTON	MV40	Unattached	00:35:02	00:34:57	65.40%
66	24	498	Scott SMITH	MS	Unattached	00:35:05	00:35:03	61.20%
67	3	326	Madeline LEWIS	FV40	Unattached	00:35:09	00:35:04	70.80%
68	11	111	Chris CHORLEY	MV50	Bungay Black Dog RC	00:35:11	00:35:02	71.20%
69	7	116	Noah CLAYTON	MJ	Unattached	00:35:12	00:35:04	61.80%
70	16	185	Karl FEAGAN	MV40	Hadleigh Hares AC	00:35:12	00:35:12	65.60%
71	17	365	Clive DAVEY	MV40	Sudbury Joggers	00:35:14	00:35:10	66.60%
72	1	320	Gillian LEATHERS	FV50	St Edmunds Pacers	00:35:19	00:35:15	78.00%
73	6	349	Karen MARTIN	FS	Haverhill Running Club	00:35:27	00:35:22	69.40%
74	18	568	Mark WHITE	MV40	Haverhill Running Club	00:35:28	00:35:23	66.20%
75	19	481	Ian SHORT	MV40	Unattached	00:35:42	00:35:39	64.70%
76	25	456	Jamie ROCK	MS	Unattached	00:35:42	00:35:37	60.40%
77	26	58	Samuel BLOWS	MS	Unattached	00:35:44	00:35:43	60.60%
78	12	526	Christopher THORNTON	MV50	TRISudbury	00:35:45	00:35:40	71.90%
79	13	438	Andrew RENSHAW	MV50	Unattached	00:35:46	00:35:46	70.10%
80	7	590	Emilie WIX	FS	Woodbridge Shufflers Running Club	00:35:47	00:35:43	68.80%
81	4	121	Abi COCKSEGE	FV40	Unattached	00:35:55	00:35:50	69.30%
82	14	189	Yusuf FIRAT	MV50	Haverhill Running Club	00:35:59	00:35:51	70.30%
83	27	560	Chris WELLS	MS	Sudbury Joggers	00:36:03	00:36:02	59.10%
84	28	346	Peter MANSFIELD	MS	Sudbury Joggers	00:36:07	00:36:02	59.00%
85	20	266	Ben HULBERT	MV40	Unattached	00:36:11	00:36:05	61.40%
86	3	566	Arthur WHISTON	MV60+	Colchester Harriers AC	00:36:12	00:36:08	77.80%
87	8	115	Anna CLAYTON	FS	Unattached	00:36:13	00:36:10	67.00%
88	8	191	Joseph FITZWATER	MJ	Unattached	00:36:17	00:36:14	60.80%
89	29	473	Oliver SCHOFIELD	MS	St Edmunds Pacers	00:36:22	00:36:19	58.60%
90	21	35	Nigel BARNES	MV40	Vegan Runners UK	00:36:26	00:36:18	64.90%
91	4	421	Stephen PRETTY	MV60+	St Edmunds Pacers	00:36:36	00:36:28	72.20%
92	2	102	Debbie CATTERMOLE	FV50	Colchester Harriers AC	00:36:37	00:36:34	79.00%
93	15	376	Daz MUMFORD	MV50	Unattached	00:36:37	00:36:30	65.60%
94	22	375	Adam MUMFORD	MV40	Sudbury Joggers	00:36:38	00:36:31	63.60%
95	30	363	Kevin MILLARD	MS	Haverhill Running Club	00:36:51	00:36:44	59.10%
96	9	118	Hayley COATES	FS	St Edmunds Pacers	00:36:53	00:36:50	65.70%
97	5	33	Alan BARNARD	MV60+	Halstead Road Runners	00:36:53	00:36:50	72.30%
98	16	265	Mark HUGHES	MV50	Stowmarket Striders Running Club	00:36:57	00:36:52	65.10%
99	31	553	Lloyd WARNE	MS	Unattached	00:37:05	00:37:05	57.50%
100	23	104	Ian CHANDLER	MV40	Halstead Road Runners	00:37:11	00:37:00	63.60%
101	32	172	David EDWARDS	MS	Unattached	00:37:13	00:36:56	57.20%
102	24	405	Thierry PENNEC	MV40	Unattached	00:37:15	00:37:09	61.50%
103	17	56	Kevin BIRD	MV50	St Edmunds Pacers	00:37:19	00:37:16	67.20%
104	18	297	Richard JONES	MV50	Unattached	00:37:22	00:37:17	65.40%
105	33	231	Keith HAMMOND	MS	Unattached	00:37:28	00:37:28	58.50%
106	5	174	Sarah EDWARDS	FV40	Unattached	00:37:28	00:37:21	69.60%
107	19	547	Kelly WAGLAND	MV50	Unattached	00:37:31	00:37:26	65.10%
108	20	536	Neil TURNER	MV50	Sudbury Joggers	00:37:32	00:37:25	64.00%
109	25	11	Joe ANDREWS	MV40	Unattached	00:37:34	00:37:34	62.50%
110	21	228	Rob HALL	MV50	Bungay Black Dog RC	00:37:37	00:37:34	67.20%
111	34	382	Gary NICE	MS	Unattached	00:37:40	00:37:14	57.50%
112	35	508	Richard STEBBING	MS	Running Colchester	00:37:40	00:37:35	58.60%
113	26	395	Tom PARSONS	MV40	Unattached	00:37:44	00:37:44	59.40%
114	6	230	Rachael HAMBLYN	FV40	Ipswich Jaffa RC	00:37:51	00:37:42	65.70%
115	36	247	Simon HIBBERT	MS	Unattached	00:37:55	00:37:51	57.10%
116	27	202	Simon FRASER	MV40	Unattached	00:38:04	00:37:58	62.60%

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Position	Cat Pos	Bib	Name	Category	Club	Gun Time	Chip Time	Age Grade
117	22	12	Mark ANDREWS	MV50	Unattached	00:38:06	00:37:59	64.20%
118	37	474	Brett SCOTT	MS	Running Colchester	00:38:22	00:38:13	57.50%
119	38	162	Jack DEVLIN	MS	Unattached	00:38:23		55.50%
120	10	224	Terri GREEN	FS	Ipswich Jaffa RC	00:38:23	00:38:23	64.10%
121	39	107	Eddie CHILDS	MS	Unattached	00:38:25	00:38:10	55.40%
122	40	51	Andrew BIGG	MS	Unattached	00:38:27	00:38:18	55.40%
123	28	188	Justin FIDDAMAN	MV40	Felixstowe RRC	00:38:29	00:38:23	61.50%
124	29	510	Mark STOCKER	MV40	Unattached	00:38:33	00:38:15	60.40%
125	41	251	Karl HILLMAN	MS	Halstead Road Runners	00:38:36	00:38:28	56.80%
126	42	122	Richard COCKSEGE	MS	Unattached	00:38:38	00:38:33	56.70%
127	23	427	Tim RANSON	MV50	Unattached	00:38:40	00:38:40	66.50%
128	7	63	Laura BOURNE	FV40	Unattached	00:38:40	00:38:25	67.40%
129	8	123	Jo CODLING	FV40	Unattached	00:38:41	00:38:37	68.10%
130	24	343	Cliff MANNING	MV50	Sudbury Joggers	00:38:44	00:38:32	66.40%
131	30	267	Joby HUMM	MV40	Unattached	00:38:45	00:38:41	57.80%
132	25	152	Robert DAVIES	MV50	Unattached	00:38:45	00:38:32	63.60%
133	3	479	Jenny SHEAHAN	FV50	Eastern Masters AC	00:38:51	00:38:48	76.30%
134	11	89	Stacey BUNN	FS	Unattached	00:38:56	00:38:56	62.70%
135	26	344	Dean MANNING	MV50	Unattached	00:38:57	00:38:50	62.20%
136	31	585	Angus WILLIAMSON	MV40	Unattached	00:38:59	00:38:44	60.20%
137	27	271	Robert HUNT	MV50	Unattached	00:39:01	00:38:49	66.50%
138	6	117	Paul CLOVER	MV60+	Unattached	00:39:08	00:39:06	68.70%
139	9	337	Beth MALINOWSKA	FV40	Unattached	00:39:09	00:39:03	64.80%
140	10	314	Magdalena KOMOROWSKA	FV40	Great Bentley Running Club	00:39:10	00:39:07	63.50%
141	32	527	Aubrey TODD	MV40	Unattached	00:39:14	00:39:13	58.40%
142	11	491	Kelly SMITH	FV40	Unattached	00:39:15	00:39:13	67.10%
143	28	214	Ian GOODERHAM	MV50	St Edmunds Pacers	00:39:23	00:39:07	62.10%
144	33	549	David WALTON	MV40	Unattached	00:39:24	00:39:06	56.80%
145	12	248	Sarah HIBBLE	FV40	Unattached	00:39:26	00:39:18	67.50%
146	43	19	Ross ARNOLD	MS	Haverhill Running Club	00:39:26	00:39:20	54.30%
147	29	386	Simon NORTON	MV50	Unattached	00:39:27	00:39:17	63.00%
148	34	53	Russell BIGG	MV40	Unattached	00:39:34	00:39:16	59.30%
149	30	108	Lewis CHILDS	MV50	Unattached	00:39:35	00:39:20	61.20%
150	35	50	Carl BERGDAHL	MV40	Ipswich Jaffa RC	00:39:42	00:39:36	60.10%
151	13	245	Suzanne HEATH	FV40	Ipswich Jaffa RC	00:39:46	00:39:34	67.70%
152	31	25	Glen AVIS	MV50	Hadleigh Hares AC	00:39:47	00:39:47	60.90%
153	12	309	Charlotte KING	FS	Grange Farm Trotters	00:39:50	00:39:42	61.80%
154	44	415	Tom PRAZSKY	MS	Unattached	00:39:59	00:39:53	55.20%
155	36	235	Anthony HARRIS	MV40	Sudbury Joggers	00:40:02		56.80%
156	37	212	Simon GOLDSMITH	MV40	Unattached	00:40:05	00:39:48	57.60%
157	45	431	Edward GARNER	MS	Unattached	00:40:07	00:39:39	53.30%
158	32	387	Darryn NUNN	MV50	Unattached	00:40:07	00:40:00	60.90%
159	13	521	Emma THISTLETON	FS	TRISudbury	00:40:08	00:40:00	60.70%
160	33	429	Andrew READ	MV50	Witham RC	00:40:10	00:40:02	62.40%
161	4	599	Helen YELLOP	FV50	Capel Cheetahs	00:40:11	00:40:11	68.60%
162	34	176	Colin ELLIS	MV50	Unattached	00:40:14	00:40:03	60.70%
163	46	575	Daniel WHYMARK	MS	Unattached	00:40:22	00:40:10	54.00%
164	47	249	Andrew HILL	MS	Unattached	00:40:24	00:40:19	53.40%
165	38	277	Matthew IANNONE	MV40	Unattached	00:40:25	00:40:05	57.60%
166	39	424	Mark RACE	MV40	Unattached	00:40:30	00:40:09	57.90%
167	35	478	David SHEAHAN	MV50	Unattached	00:40:33	00:40:24	64.00%
168	40	218	Matthew GOULDING	MV40	Unattached	00:40:36	00:40:25	55.20%
169	41	353	Bryan MATTHEWS	MV40	Unattached	00:40:42	00:40:20	57.20%
170	14	24	Megan FELTON	FS	Unattached	00:40:43	00:40:43	59.40%
171	5	556	Kirsty WEAVERS	FV50	St Edmunds Pacers	00:40:44	00:40:28	71.00%
172	36	279	David ILCZENKO	MV50	Unattached	00:40:50		59.80%
173	15	328	Dawn LIU	FS	Unattached	00:40:56	00:40:48	59.10%
174	48	542	Gary VAUGHAN	MS	Unattached	00:40:57		53.90%

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175	6	77	Angela BRINKLEY	FV50	Stowmarket Striders Running Club	00:40:59	00:40:51	73.20%
176	37	287	Steve JEGGO	MV50	Unattached	00:41:25	00:41:12	58.00%
177	16	84	Dawn BUCKLAND	FS	TRISudbury	00:41:26	00:41:12	59.70%
178	49	28	Ashley BACON	MS	Unattached	00:41:28		52.20%
179	50	330	James LOCKYER	MS	Unattached	00:41:29	00:41:11	51.60%
180	3	289	Hannah JOHNSON	FJ	Unattached	00:41:34	00:41:30	61.60%
181	51	48	Matthew BENNETT	MS	Unattached	00:41:36	00:41:22	51.20%
182	38	434	Chris REGAN	MV50	Colchester & Tendring AC	00:41:36	00:41:31	58.30%
183	42	350	Robert MARTIN	MV40	Unattached	00:41:38	00:41:25	55.50%
184	43	67	Ben BOXALL	MV40	Unattached	00:41:39		53.80%
185	17	413	Fern POWELL	FS	University Wales - Caerleon	00:41:43	00:41:29	58.20%
186	39	355	Paul MCALLISTER	MV50	Hadleigh Hares AC	00:41:52	00:41:38	58.90%
187	52	486	Craig SLATER	MS	Unattached	00:41:55	00:41:29	50.90%
188	44	105	Steve CHAPMAN	MV40	Stowmarket Striders Running Club	00:41:57	00:41:44	56.80%
189	53	82	Ryan BRUTY	MS	St Edmunds Pacers	00:41:58	00:41:51	51.00%
190	18	138	Felicity COULSON	FS	Unattached	00:42:00	00:41:30	57.70%
191	19	161	Charlotte DEVLIN	FS	Unattached	00:42:04		57.50%
192	45	548	Paul WALKER	MV40	TRISudbury	00:42:05	00:41:55	55.80%
193	7	588	Nicola WISEMAN	FV50	Unattached	00:42:10	00:42:00	64.60%
194	7	528	David TOOTH	MV60+	Unattached	00:42:12	00:42:01	68.20%
195	40	447	Chris RIXON	MV50	Unattached	00:42:14	00:42:03	59.30%
196	8	168	Catherine DREW	FV50	Unattached	00:42:15	00:42:07	66.80%
197	54	272	Stuart HUNT	MS	Hadleigh Hares AC	00:42:21	00:42:00	50.40%
198	55	440	Daniel RICHARDS	MS	Unattached	00:42:27	00:42:11	51.60%
199	41	494	Mark SMITH	MV50	Unattached	00:42:31	00:42:14	58.90%
200	14	243	Emma HEALY	FV40	Halstead Road Runners	00:42:32	00:42:28	58.50%
201	56	9	Nick ALLEN	MS	St Edmunds Pacers	00:42:32	00:42:14	50.10%
202	20	362	Victoria METSON	FS	Halstead Road Runners	00:42:33	00:42:31	57.40%
203	46	120	Alan COCHRAN	MV40	Unattached	00:42:36	00:42:25	54.60%
204	42	541	David VARDELL	MV50	Unattached	00:42:37	00:42:29	60.90%
205	15	46	Catherine BELSOM	FV40	Stowmarket Striders Running Club	00:42:38	00:42:21	61.80%
206	9	239	Karen HATTON	FV50	St Edmunds Pacers	00:42:41	00:42:25	71.20%
207	16	307	Ruth KIERAN	FV40	St Edmunds Pacers	00:42:41	00:42:24	59.00%
208	17	268	Mandy HUMM	FV40	Unattached	00:42:42	00:42:36	58.60%
209	18	378	Sarah MURKIN	FV40	Haverhill Running Club	00:42:43	00:42:35	61.00%
210	57	583	Graham WILLIAMS	MS	Unattached	00:42:44	00:42:41	49.80%
211	47	335	Rupert LOWN	MV40	Unattached	00:42:44	00:42:20	55.80%
212	48	399	Alan PEARSON	MV40	TRISudbury	00:42:45	00:42:21	55.30%
213	49	147	Barry CURTIS	MV40	Unattached	00:42:48	00:42:30	54.80%
214	58	37	Peter BATEMAN	MS	Unattached	00:42:56	00:42:45	51.40%
215	1	256	Fiona HOLLAND	FV60+	London Heathside Runners AC	00:43:03	00:42:53	72.50%
216	19	311	Tracey KING	FV40	Unattached	00:43:05	00:42:49	60.50%
217	10	95	Elizabeth CAHILL	FV50	Colchester Harriers AC	00:43:06	00:43:01	66.30%
218	50	97	Jon CAMERON	MV40	Unattached	00:43:07	00:42:51	53.60%
219	59	406	Matthew PERRY	MS	Unattached	00:43:07	00:43:00	49.40%
220	51	220	Robert GOURLAY	MV40	Unattached	00:43:09	00:42:44	54.40%
221	60	352	Stuart MATHIESON	MS	Sudbury Joggers	00:43:09	00:43:02	49.40%
222	20	234	Hayley HARPER	FV40	Ipswich Jaffa RC	00:43:12	00:42:59	58.80%
223	21	301	Allison JUDD	FV40	Unattached	00:43:22	00:43:11	59.50%
224	21	217	Jessica GOUDKUIL	FS	Unattached	00:43:24	00:43:15	56.30%
225	8	291	Miles JOHNSON	MV60+	Newmarket Joggers	00:43:25	00:43:11	63.10%
226	22	96	Lisa CALVER	FS	Unattached	00:43:34	00:43:12	55.50%
227	43	187	Paul FELTON	MV50	Unattached	00:43:35		56.10%
228	52	594	Simon WOOLLATT	MV40	Unattached	00:43:46	00:43:25	53.60%
229	61	285	Rob JEFFREY	MS	Unattached	00:43:46	00:43:30	49.10%
230	53	129	David COLE	MV40	Unattached	00:43:49	00:43:18	51.10%
231	62	242	Andy HAYWARD	MS	Stowmarket Striders Running Club	00:43:50	00:43:24	49.20%
232	63	488	Tony SMART	MS	Unattached	00:44:02	00:43:48	48.40%

Sudbury Fun Run Results 2019

Position	Cat Pos	Bib	Name	Category	Club	Gun Time	Chip Time	Age Grade
233	22	270	Andrea HUNT	FV40	Unattached	00:44:02	00:43:49	56.50%
234	64	44	Chris BEECH	MS	Unattached	00:44:06		50.00%
235	23	345	Sophie MANNING	FS	Unattached	00:44:08	00:44:01	55.80%
236	44	530	Geoff TURKENTINE	MV50	Unattached	00:44:11		54.40%
237	45	396	Andy PARTON	MV50	Capel Cheetahs	00:44:14	00:43:51	54.30%
238	11	397	Diane PARTON	FV50	Capel Cheetahs	00:44:14	00:43:52	62.30%
239	24	532	Claire TURNBULL	FS	Unattached	00:44:15	00:44:01	55.00%
240	46	155	Stephen DAY	MV50	Unattached	00:44:17	00:43:44	54.70%
241	65	451	Joe ROBERTS	MS	Unattached	00:44:18	00:43:46	48.50%
242	23	236	Lisa HARRIS	FV40	Unattached	00:44:25	00:44:14	60.60%
243	25	441	Rebecca RICHARDS	FS	St Edmunds Pacers	00:44:33	00:44:17	54.50%
244	26	195	Ruth FORD	FS	Unattached	00:44:39	00:44:19	54.70%
245	47	209	Adrian GASSER	MV50	Halstead Road Runners	00:44:40	00:44:29	57.60%
246	12	300	Lisa JOSLIN	FV50	Unattached	00:44:41	00:44:22	63.90%
247	48	126	Adrian COLE	MV50	Stowmarket Striders Running Club	00:44:51	00:44:38	56.40%
248	54	593	James WOODWARD	MV40	Unattached	00:44:52	00:44:16	52.70%
249	49	75	Steve BRIGHT	MV50	Unattached	00:44:53	00:44:31	56.30%
250	4	280	Sofia ILCZENKO	FJ	Unattached	00:44:56		57.00%
251	9	86	John BUCKLE	MV60+	Unattached	00:45:06	00:44:32	59.60%
252	24	559	Claire WELFORD	FV40	Unattached	00:45:07	00:44:55	55.90%
253	27	165	Lisa DOVE	FS	Unattached	00:45:09	00:44:56	54.30%
254	25	88	Sandra BUMPHREY	FV40	Capel Cheetahs	00:45:15		58.20%
255	66	150	Bradley DAULTREY	MS	Unattached	00:45:17	00:45:15	47.00%
256	28	170	Sarah DUKE	FS	London Heathside Runners AC	00:45:22	00:45:13	53.30%
257	50	522	Damian THOMAS	MV50	Unattached	00:45:26	00:45:09	53.80%
258	26	302	Beverley JUDD	FV40	Unattached	00:45:28	00:45:17	57.90%
259	67	244	James HEARN	MS	Unattached	00:45:30	00:44:55	48.20%
260	29	276	Kate HUTSON	FS	Ipswich Jaffa RC	00:45:33	00:45:14	54.30%
261	27	74	Zoe BRIDGES	FV40	Unattached	00:45:36	00:45:19	57.70%
262	68	85	Adam BUCKLE	MS	Halstead Road Runners	00:45:39	00:45:34	47.20%
263	55	470	Karl SAVILL	MV40	Unattached	00:45:43	00:45:11	51.70%
264	30	164	Leonie DOLLING	FS	Unattached	00:45:43		52.90%
265	31	182	Deben FAIERS	FS	Unattached	00:45:43		52.90%
266	32	587	Lucie WILSON	FS	Unattached	00:45:49	00:45:27	53.30%
267	51	59	Martin BOAST	MV50	Unattached	00:45:49	00:45:40	55.70%
268	13	55	Jenny BIRD	FV50	St Edmunds Pacers	00:45:50	00:45:40	60.10%
269	14	203	Vanessa FRASER	FV50	Unattached	00:45:51	00:45:31	66.30%
270	28	159	Sam DERRY	FV40	TRISudbury	00:46:01	00:45:52	55.20%
271	15	192	Lesley FITZWATER	FV50	Unattached	00:46:03	00:45:44	61.30%
272	2	467	Bobbie SAUERZAPF	FV60+	Bungay Black Dog RC	00:46:04	00:45:32	66.80%
273	33	329	Jodie LOCK	FS	Ipswich Jaffa RC	00:46:08	00:45:55	53.10%
274	10	27	Chris AYLMER	MV60+	Newmarket Joggers	00:46:09	00:45:56	61.10%
275	69	132	Stuart COLLINS	MS	Unattached	00:46:10		47.20%
276	34	476	Andrea SENIOR	FS	Unattached	00:46:15	00:45:44	52.30%
277	35	64	Charlotte BOWER	FS	Halstead Road Runners	00:46:29	00:46:20	52.10%
278	56	158	Anthony DENTON	MV40	Halstead Road Runners	00:46:34	00:46:24	48.80%
279	16	450	Jane ROACH	FV50	Mid Essex Casuals	00:46:38	00:46:25	58.40%
280	52	482	Robert SIEVEY	MV50	Unattached	00:46:43	00:46:34	53.70%
281	29	550	Sarah WARD	FV40	Unattached	00:46:45		54.30%
282	36	327	Steph LING	FS	Unattached	00:46:53		52.50%
283	11	264	Phil HUDSON	MV60+	Ware Joggers	00:46:56	00:46:49	56.80%
284	37	91	Bianca BURMAN	FS	Sudbury Joggers	00:47:06	00:46:59	51.50%
285	70	313	Matthew KNIGHT	MS	Unattached	00:47:08	00:46:35	46.80%
286	17	551	Lindsey WARD	FV50	Unattached	00:47:18	00:47:00	58.90%
287	18	21	Vivien ASHTON	FV50	Unattached	00:47:19	00:46:59	62.60%
288	71	304	Thomas KELLING	MS	Unattached	00:47:21	00:47:01	46.60%
289	72	543	Steven VAUGHAN	MS	Unattached	00:47:29	00:46:56	45.20%
290	12	533	John TURNBULL	MV60+	Hadleigh Hares AC	00:47:30	00:47:17	58.80%

Sudbury Fun Run Results 2019

Position	Cat Pos	Bib	Name	Category	Club	Gun Time	Chip Time	Age Grade
291	73	154	George DAY	MS	Unattached	00:47:33	00:47:00	44.80%
292	74	499	Lloyd SNELL	MS	Unattached	00:47:33	00:47:19	45.20%
293	19	269	Tracy HUMPHREYS	FV50	Stowmarket Striders Running Club	00:47:35	00:47:23	61.50%
294	75	169	Matthew DRURY	MS	Unattached	00:47:37	00:47:11	46.30%
295	20	340	Angela MANN	FV50	Running Colchester	00:47:43	00:47:28	59.10%
296	21	546	Helen WAGLAND	FV50	Unattached	00:47:49	00:47:24	58.30%
297	22	432	Maria REED	FV50	Haverhill Running Club	00:47:51	00:47:26	61.20%
298	30	171	Michelle EDNEY	FV40	Unattached	00:47:52	00:47:42	56.20%
299	76	503	Zak SPEER	MS	Unattached	00:47:54	00:47:20	44.40%
300	53	544	Craig VERNON	MV50	Mid Essex Casuals	00:47:56	00:47:16	52.30%
301	77	78	Jon-Paul BROUGHTON	MS	Unattached	00:47:57	00:47:31	45.40%
302	57	518	Matt TAYLOR	MV40	Unattached	00:47:59		48.50%
303	38	254	Trelawney HODGKINSON	FS	Unattached	00:48:00	00:47:34	50.40%
304	13	273	Iain HUNTER	MV60+	Stowmarket Striders Running Club	00:48:01	00:47:49	55.00%
305	3	41	Cathy BEARD	FV60+	Sudbury Joggers	00:48:03	00:47:51	68.60%
306	31	133	Jules COOPER	FV40	Sudbury Joggers	00:48:05	00:47:34	54.20%
307	32	204	Suzanne FROST	FV40	TRISudbury	00:48:06	00:47:48	54.70%
308	23	131	Clare COLLINS	FV50	Running Colchester	00:48:07	00:47:50	56.60%
309	39	229	Stacey HALL	FS	Haverhill Running Club	00:48:10	00:47:51	51.10%
310	14	145	John CULLUM	MV60+	St Edmunds Pacers	00:48:12	00:47:55	60.40%
311	58	61	Steven BOGGIS	MV40	Unattached	00:48:14	00:47:58	49.00%
312	54	5	Cliff ADAMS	MV50	Unattached	00:48:15	00:48:03	50.20%
313	24	238	Vanessa HARVEY	FV50	Unattached	00:48:15	00:48:03	61.40%
314	33	222	Caroline GREEN	FV40	TRISudbury	00:48:16	00:48:01	51.90%
315	34	385	Katie NORRIS	FV40	Unattached	00:48:17	00:47:55	51.80%
316	59	223	Sean GREEN	MV40	Unattached	00:48:24	00:48:11	46.30%
317	35	210	Hayley GITTINGS	FV40	Unattached	00:48:28	00:48:05	52.40%
318	78	124	Tom CODLING	MS	TRISudbury	00:48:48	00:48:27	43.60%
319	36	177	Melonie EVANS	FV40	Unattached	00:48:49	00:48:27	55.20%
320	55	57	Dave BLOWER	MV50	Unattached	00:48:50		51.70%
321	40	184	Rachael FARTHING	FS	Unattached	00:48:52		50.60%
322	41	183	Sarah FARLEY	FS	TRISudbury	00:48:53	00:48:34	49.50%
323	79	148	Simon "talbot" DANIEL	MS	TRISudbury	00:48:54	00:48:34	45.10%
324	25	492	Margaret SMITH	FV50	Unattached	00:48:56	00:48:37	56.30%
325	4	34	Kate BARNARD	FV60+	Halstead Road Runners	00:48:58	00:48:40	62.90%
326	37	22	Nicola ASHWORTH	FV40	TRISudbury	00:49:03	00:48:46	54.90%
327	56	260	Jeremy HOLT	MV50	Sudbury Joggers	00:49:05	00:48:45	52.40%
328	38	10	Michelle AMOS	FV40	Unattached	00:49:07		51.70%
329	26	557	Jacquie WEBB	FV50	Sudbury Joggers	00:49:09	00:48:38	58.10%
330	27	23	Carol ATKINS	FV50	Halstead Road Runners	00:49:17	00:48:45	60.10%
331	15	70	Dereck BRETT	MV60+	Unattached	00:49:18	00:48:58	57.20%
332	60	570	Stewart WHITE	MV40	St Edmunds Pacers	00:49:18	00:48:59	45.40%
333	80	292	Richard JOHNSON	MS	Unattached	00:49:20	00:48:53	43.20%
334	28	306	Maria KERNOTT	FV50	Unattached	00:49:24		57.10%
335	57	581	David WIGNALL	MV50	Unattached	00:49:25	00:49:00	48.60%
336	29	392	Michele OSTLER	FV50	Unattached	00:49:34	00:49:15	59.80%
337	5	290	Isabella JOHNSON	FJ	Unattached	00:49:42	00:49:26	50.70%
338	42	72	Rachal BRETT	FS	Unattached	00:49:43	00:49:15	48.80%
339	43	359	Andrea MCKEOWN	FS	Unattached	00:49:46	00:49:30	48.80%
340	30	398	Nicole PAYNE	FV50	Running Colchester	00:49:47	00:49:32	58.80%
341	61	453	John ROBINSON	MV40	Unattached	00:49:50	00:49:26	47.10%
342	62	379	Colin NEWCOMBE	MV40	Unattached	00:49:52	00:49:29	47.40%
343	16	288	Chris JOHNS	MV60+	Woodbridge Shufflers Running Club	00:49:54	00:49:43	53.40%
344	39	514	Lisa SUTHERLAND	FV40	TRISudbury	00:49:58	00:49:31	52.20%
345	40	284	Clair JEFFERSON	FV40	Sudbury Joggers	00:50:03	00:49:39	52.10%
346	63	469	Kieron SAVAGE	MV40	Unattached	00:50:09	00:49:45	46.40%
347	44	252	Kirsty HINGSTON	FS	Unattached	00:50:09	00:49:44	48.40%
348	81	52	Michael BIGG	MS	Unattached	00:50:13	00:49:43	42.40%

Sudbury Fun Run Results 2019

Position	Cat Pos	Bib	Name	Category	Club	Gun Time	Chip Time	Age Grade
349	17	18	Neil ARBON	MV60+	Unattached	00:50:14	00:49:46	55.60%
350	64	257	Tony HOLLAND	MV40	Ipswich Jaffa RC	00:50:21	00:49:50	47.30%
351	65	101	David CASH	MV40	Unattached	00:50:22	00:49:57	47.00%
352	41	237	Deb HARRISON	FV40	Braintree & District AC	00:50:25	00:50:10	50.80%
353	42	153	Rebekah DAVIS	FV40	Unattached	00:50:31	00:50:09	49.20%
354	82	199	Toby FOX-HAMMOND	MS	Unattached	00:50:31		42.10%
355	43	545	Jayne VERNON	FV40	Mid Essex Casuals	00:50:34	00:50:23	53.20%
356	66	333	Iestyn LONG	MV40	Unattached	00:50:37	00:50:00	44.90%
357	83	325	Thomas LEVETT	MS	Unattached	00:50:37	00:50:01	43.60%
358	18	403	David PENGELLY	MV60+	Sudbury Joggers	00:50:40	00:50:21	53.60%
359	67	81	Tim BROWN	MV40	Unattached	00:50:42	00:50:15	47.00%
360	31	422	Amanda PRIOR	FV50	Capel Cheetahs	00:50:50	00:50:36	54.20%
361	5	175	Jo ELDRED	FV60+	Unattached	00:50:57	00:50:37	63.80%
362	32	509	Nicola STEVENSON	FV50	Unattached	00:50:58	00:50:48	58.90%
363	45	437	Alison RENSHAW	FS	Ipswich Jaffa RC	00:50:59	00:50:47	48.50%
364	6	196	Lyn FOSTER	FV60+	Unattached	00:51:00	00:50:36	63.70%
365	44	293	Sarah JOHNSON	FV40	Unattached	00:51:04	00:51:00	50.60%
366	84	80	Paul BROWN	MS	Unattached	00:51:05	00:50:37	41.80%
367	85	523	Jake THOMAS	MS	Unattached	00:51:13	00:50:56	41.60%
368	58	225	David GUEST	MV50	Unattached	00:51:14	00:50:42	46.90%
369	33	577	Mandy WHYTE	FV50	Unattached	00:51:16	00:51:14	53.70%
370	86	317	Christopher LAMB	MS	Unattached	00:51:27	00:51:04	42.60%
371	46	371	Sarah MORRIS	FS	Unattached	00:51:28	00:51:06	47.00%
372	34	206	Kerry FULLER	FV50	Unattached	00:51:28	00:51:07	52.90%
373	35	572	Angela WHITING	FV50	Stowmarket Striders Running Club	00:51:29	00:51:12	56.80%
374	45	443	Emma RICHBELL	FV40	Unattached	00:51:40	00:51:15	51.00%
375	47	83	Joanna BUCKINGHAM	FS	Unattached	00:51:40		47.30%
376	48	525	Charlotte THORNTON	FS	Unattached	00:51:41	00:51:11	46.80%
377	36	460	Susannah ROSENBERG	FV50	Ipswich Triathlon Club	00:51:56	00:51:43	57.10%
378	46	42	Janice BECKETT	FV40	Unattached	00:52:20	00:51:56	48.90%
379	47	338	Amanda MALLINSON	FV40	Unattached	00:52:20	00:51:57	47.80%
380	37	331	Sarah LOMAX	FV50	Unattached	00:52:38	00:52:22	53.00%
381	48	215	Rachel GOODWIN	FV40	Unattached	00:52:41	00:52:18	48.20%
382	87	412	Daniel POWELL	MS	Unattached	00:52:46	00:52:35	40.40%
383	38	414	Lesley POWELL	FV50	Unattached	00:52:46	00:52:34	56.90%
384	6	278	Anya ILCZENKO	FJ	Unattached	00:52:50		48.50%
385	49	407	Lucie PETCHEY	FV40	Unattached	00:52:53	00:52:30	47.00%
386	39	394	Belinda PALMER-BARNES	FV50	Great Bentley Running Club	00:52:54	00:52:30	56.70%
387	49	507	Laura STANTON-DAVIS	FS	Unattached	00:52:58	00:52:31	46.70%
388	9	275	Adam HURREN	MJ	Unattached	00:53:10	00:52:44	40.90%
389	59	519	Richard TAYLOR	MV50	Unattached	00:53:12	00:52:36	48.30%
390	40	430	Angela READ	FV50	Unattached	00:53:16	00:52:56	54.30%
391	50	334	Elizabeth LOWN	FV40	Unattached	00:53:17	00:53:02	50.50%
392	41	475	Helen SELWOOD	FV50	Unattached	00:53:17	00:53:02	51.10%
393	42	400	Jane PEARSON	FV50	TRISudbury	00:53:17	00:53:02	51.10%
394	51	146	Nicola CURRANT	FV40	Unattached	00:53:17		46.70%
395	50	442	Charlotte RICHARDSON	FS	Unattached	00:53:19	00:52:57	46.40%
396	43	339	Sandy MALOY	FV50	Unattached	00:53:19	00:52:57	52.30%
397	52	466	Joanne SARGENT	FV40	Hadleigh Hares AC	00:53:25	00:52:56	48.80%
398	60	310	Phil KING	MV50	Unattached	00:53:31	00:53:05	45.30%
399	44	308	Catherine KING	FV50	Unattached	00:53:31	00:53:05	51.50%
400	45	372	Teresa MORSE	FV50	Unattached	00:53:34	00:53:23	52.70%
401	53	227	Samantha GURDEN	FV40	Unattached	00:53:38	00:53:17	49.10%
402	51	219	Annie GOURLAY	FS	Unattached	00:53:41	00:53:15	45.80%
403	54	73	Sharon BREWARD	FV40	Sudbury Joggers	00:53:42	00:53:28	49.00%
404	88	112	Shaun CLARK	MS	Unattached	00:53:44		40.80%
405	52	579	Deborah WIEGAND	FS	Unattached	00:53:51	00:53:42	45.70%
406	7	17	Jeanette APPLETON	FV60+	Unattached	00:54:03	00:53:43	59.30%

Sudbury Fun Run Results 2019

Position	Cat Pos	Bib	Name	Category	Club	Gun Time	Chip Time	Age Grade
407	53	589	Lucinda WITNEY	FS	Braintree & District AC	00:54:08	00:53:47	44.70%
408	46	336	Stephanie LOWN	FV50	Unattached	00:54:09	00:53:43	50.90%
409	54	49	Jemma BENSON	FS	Haverhill Running Club	00:54:10	00:53:42	44.80%
410	8	200	Sylvia FRANCIS	FV60+	Unattached	00:54:10	00:53:42	66.40%
411	55	167	Lucy DRAGE	FV40	Unattached	00:54:12	00:53:48	46.50%
412	55	531	Angela TURNBULL	FS	Unattached	00:54:16	00:53:53	44.90%
413	47	500	Sally SOLOMON	FV50	Felixstowe RRC	00:54:21	00:54:11	50.70%
414	48	501	Sue SORRELL	FV50	Great Bentley Running Club	00:54:21	00:53:57	51.30%
415	56	370	Kara MOORE DAMANT	FS	Stowmarket Striders Running Club	00:54:27	00:53:58	45.40%
416	57	208	Jody GARDINER	FS	Unattached	00:54:27	00:53:59	45.40%
417	61	207	Keith GAME	MV50	Unattached	00:54:34	00:54:09	46.70%
418	89	580	Sean WIEGAND	MS	Unattached	00:54:39	00:54:29	40.10%
419	19	366	Andrew MILLS	MV60+	Vegan Runners UK	00:54:41	00:54:08	49.60%
420	58	347	Daisy MANSI	FS	Unattached	00:54:41	00:54:19	44.20%
421	56	113	Tanya CLARK	FV40	Unattached	00:54:44	00:54:29	46.70%
422	59	40	Kerry BEADLE	FS	Unattached	00:54:49	00:54:39	44.10%
423	90	409	Mark PILLET	MS	Unattached	00:54:52	00:54:42	38.90%
424	57	342	Lucy MANNERING	FV40	Unattached	00:54:54	00:54:32	45.90%
425	58	322	Sandra LEDWITH	FV40	Braintree & District AC	00:55:07	00:54:48	48.80%
426	20	179	Anthony EVERARD	MV60+	Braintree & District AC	00:55:07	00:54:48	62.00%
427	62	180	David EVERARD	MV50	Braintree & District AC	00:55:07	00:54:46	45.10%
428	21	463	Chris RYLAND	MV60+	Unattached	00:55:07	00:54:46	49.70%
429	49	8	Sonia ADOBOE	FV50	Running Colchester	00:55:07		50.60%
430	91	13	Joff ANSELM	MS	Unattached	00:55:08	00:54:51	38.60%
431	60	14	Victoria ANSELM	FS	Unattached	00:55:09	00:54:51	43.80%
432	50	259	Caroline HOLT	FV50	Unattached	00:55:18	00:54:54	52.90%
433	92	323	Jordan LEEDER	MS	Unattached	00:55:18		38.50%
434	51	166	Nikki DOWLING	FV50	Unattached	00:55:27	00:55:11	51.50%
435	52	540	Carole VARNDELL	FV50	Unattached	00:55:27	00:55:11	54.80%
436	61	444	Jade RIDGE	FS	Unattached	00:55:29	00:55:01	43.60%
437	62	417	Jess PRESTON	FS	Vegan Runners UK	00:55:29	00:55:19	44.60%
438	63	324	Beth LEGGETT	FS	Unattached	00:55:30	00:55:06	43.70%
439	64	483	Yazmine SIEVEY	FS	Unattached	00:55:35	00:55:28	43.50%
440	93	128	Darren COLE	MS	Unattached	00:55:41	00:55:11	38.90%
441	59	142	Amanda CRISP	FV40	Unattached	00:55:42	00:55:25	44.70%
442	65	15	Cheryl APPLEBY	FS	Colchester Harriers AC	00:55:59	00:55:28	43.50%
443	22	261	Christopher HOPKINSON	MV60+	Unattached	00:56:13	00:55:50	49.60%
444	23	515	Mark SWIFT	MV60+	Unattached	00:56:16		48.70%
445	94	137	Steven COUGHLAN	MS	Unattached	00:56:20	00:55:43	38.10%
446	24	358	Nicky MCIVOR	MV60+	Unattached	00:56:20		50.00%
447	66	505	Hannah ST LEDGER	FS	Unattached	00:56:21	00:56:07	42.90%
448	63	506	Ian ST LEDGER	MV50	Unattached	00:56:21	00:56:07	44.10%
449	53	263	Michelle HUDSON	FV50	Haverhill Running Club	00:56:22		48.90%
450	60	99	Nicola CANT	FV40	Unattached	00:56:24	00:56:00	47.20%
451	54	186	Sue FELGATE	FV50	Unattached	00:56:33	00:56:27	50.50%
452	67	448	Katie RIXON	FS	Unattached	00:56:36		42.70%
453	95	156	Bradley DE JAGER	MS	Unattached	00:56:36	00:56:34	37.60%
454	68	449	Hayley RIXON	FS	Unattached	00:56:37		42.70%
455	69	173	Rebecca EDWARDS	FS	Unattached	00:56:50		42.50%
456	96	401	Sam Ashley PECK	MS	Unattached	00:56:51	00:56:48	37.40%
457	70	535	Holly TURNER	FS	Unattached	00:56:57		42.40%
458	71	539	Jessica VAN WEICHEM AUST	FS	Unattached	00:57:06		42.30%
459	55	93	Nicola CABA	FV50	Unattached	00:57:10	00:56:44	51.20%
460	64	76	Ian BRIGHTON	MV50	Unattached	00:57:11	00:56:37	42.00%
461	72	98	Ellie CAMP	FS	Unattached	00:57:11	00:56:37	42.30%
462	25	110	Mel CHITTOCK	MV60+	Unattached	00:57:20	00:56:48	46.90%
463	65	562	Terry WELSH	MV50	Unattached	00:57:22	00:56:47	45.20%
464	56	563	Tracey WELSH	FV50	Unattached	00:57:23	00:56:48	52.30%

Sudbury Fun Run Results 2019

Position	Cat Pos	Bib	Name	Category	Club	Gun Time	Chip Time	Age Grade
465	66	92	John BUSH	MV50	Great Bentley Running Club	00:57:31	00:57:07	43.60%
466	9	43	Deirdre BECKINGSALE	FV60+	Unattached	00:57:31	00:57:26	55.00%
467	97	489	Ben SMITH	MS	Unattached	00:57:40	00:57:38	36.90%
468	73	574	Natalie WHYBROW	FS	Unattached	00:57:40	00:57:07	41.90%
469	26	178	Richard EVANS	MV60+	Unattached	00:57:40	00:57:11	47.90%
470	98	573	Christopher WHYBROW	MS	Unattached	00:57:41	00:57:08	36.90%
471	27	3	Vic ACKERMAN	MV60+	Unattached	00:57:44	00:57:15	45.30%
472	61	31	Juliet BALLS	FV40	Unattached	00:57:44		46.60%
473	74	582	Joanna WILDING	FS	Unattached	00:57:51	00:57:16	41.80%
474	62	436	Joanne RENDALL	FV40	Unattached	00:58:06	00:57:45	44.40%
475	57	281	Suzanne ILCZENKO	FV50	Unattached	00:58:16	00:57:45	46.70%
476	75	305	Sarah KEMBLE	FS	Unattached	00:58:18	00:58:07	41.60%
477	58	140	Sue CRAWTE	FV50	Unattached	00:58:29	00:57:54	51.30%
478	99	241	Sammy HAYNES	MS	Unattached	00:58:32	00:58:13	37.00%
479	76	517	Lysette TAYLOR	FS	Unattached	00:58:33	00:58:09	41.30%
480	63	54	Jo BIRCH	FV40	Unattached	00:58:34	00:58:25	44.10%
481	77	592	Sarah WOODS	FS	Unattached	00:58:45	00:58:12	41.10%
482	10	534	Liz TURNBULL	FV60+	Unattached	00:58:59	00:58:35	58.30%
483	59	487	Soo SMART	FV50	Unattached	00:59:01	00:58:48	51.50%
484	78	151	Laura STRATTON	FS	Unattached	00:59:02	00:58:27	40.90%
485	11	16	Jean APPLEBY	FV60+	Unattached	00:59:23	00:58:53	53.20%
486	79	79	Emma BROWN	FS	Haverhill Running Club	00:59:46	00:59:18	40.40%
487	80	139	Lucy CRAWTE	FS	Unattached	00:59:49	00:59:14	40.80%
488	100	495	Matthew SMITH	MS	Unattached	00:59:49		36.20%
489	12	555	Susanne WATTS	FV60+	Unattached	00:59:51		52.80%
490	101	246	Oliver HEDGMAN	MS	Unattached	00:59:56	00:59:26	36.30%
491	64	428	Beccy RAY	FV40	Unattached	01:00:00	00:59:32	43.90%
492	65	163	Rachel DIXEY	FV40	Felixstowe RRC	01:00:00	00:59:33	42.00%
493	28	181	Ian EVERARD	MV60+	Unattached	01:00:05	00:59:37	49.10%
494	81	595	Ella WORLEY	FS	Unattached	01:00:08	00:59:37	40.70%
495	82	439	Clare RICHARDS	FS	Unattached	01:00:08	00:59:38	40.40%
496	29	416	Nigel PRENTIS	MV60+	Unattached	01:00:17	00:59:43	46.30%
497	30	135	Martin COOPER	MV60+	Unattached	01:00:23	00:59:52	47.60%
498	31	524	Andy THOMPSON	MV60+	Running Colchester	01:00:57	01:00:30	43.70%
499	83	2	Natalie ABRAHAM	FS	Unattached	01:00:58	01:00:42	39.90%
500	67	477	Edward SENIOR	MV50	Unattached	01:00:59	01:00:28	42.50%
501	84	68	Elizabeth BRABNER	FS	Unattached	01:01:06	01:00:44	39.60%
502	13	393	Jackie PACE	FV60+	Unattached	01:01:16	01:00:50	51.60%
503	66	66	Wendy BOWMAN	FV40	Unattached	01:01:22	01:00:46	41.70%
504	85	332	Amie LONG	FS	Unattached	01:01:22	01:00:46	39.40%
505	60	274	Sue HUNTER	FV50	Stowmarket Striders Running Club	01:01:40	01:01:11	49.30%
506	61	485	Anne SLATER	FV50	Stowmarket Striders Running Club	01:01:40	01:01:10	44.70%
507	102	452	Steve ROBERTS	MS	Sudbury Joggers	01:01:53	01:01:15	35.40%
508	86	294	Lauren JOHNSTON-WOOD	FS	Unattached	01:02:31	01:02:02	38.70%
509	67	567	Jacqui WHITE	FV40	Unattached	01:02:47	01:02:11	41.10%
510	68	253	Lindsay HOBDEN	FV40	Unattached	01:02:47	01:02:11	42.90%
511	68	295	Mark JOHNSTON-WOOD	MV50	Unattached	01:02:49	01:02:20	39.90%
512	68	87	Peter BUCKLEY	MV40	Unattached	01:03:18	01:02:42	36.50%
513	87	426	Michelle RANSON	FS	Unattached	01:04:10		38.50%
514	14	598	Jill WRIGHT	FV60+	Unattached	01:04:28	01:03:54	51.10%
515	15	198	Suzi FOX-HAMMOND	FV60+	Unattached	01:04:43	01:04:13	48.80%
516	88	36	Laura BATCHELOR-ATKINS	FS	Halstead Road Runners	01:04:44	01:04:12	37.30%
517	89	354	Charlotte MAY	FS	Halstead Road Runners	01:04:44	01:04:12	37.70%
518	90	576	Leanne WHYTE	FS	Unattached	01:06:12	01:06:10	36.50%
519	69	193	Gaia FLEET	FV40	Unattached	01:06:17	01:05:44	37.50%
520	91	106	Harriet CHARTERS	FS	Unattached	01:06:17	01:06:14	36.50%
521	103	7	Neil ADDISON	MS	Unattached	01:08:52	01:08:28	31.80%
522	92	6	Laura ADDISON	FS	Unattached	01:08:53	01:08:29	35.40%

Sudbury Fun Run Results 2019

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523	32	461	Robert ROWLAND	MV60+	Unattached	01:10:29	01:10:14	48.50%
524	93	512	Victoria STRUDWICK	FS	Unattached	01:10:36	01:10:18	34.60%
525	94	384	Tarot NOBLE	FS	Unattached	01:18:27	01:17:57	30.80%
526	95	383	Laura NICHOLS	FS	Unattached	01:18:27	01:17:56	30.80%
527	104	404	Paul PENGELLY	MS	Unattached	DSQ	00:40:52	52.30%