1 0022:46 506 Graeme Knoth Harwich Runners Male Vet 45 2 00:27:33 554 Richard Jordan Ipswich Jaffa Male Vet 40 3 00:28:15 555 Nickolas Stephens Stourv Valley Uggers Male Vet 40 4 00:29:28 411 Mark Clarke Stour Valley Uggers Male Vet 40 6 00:29:28 389 Paul McCellend Harwich Runners Male Vet 45 8 00:30:04 403 Paul Preston Ipswich Jaffa Male Vet 45 8 00:30:04 30 Paul Preston Ipswich Jaffa Male Vet 45 10 00:30:12 391 Raymond Harper Withan RC Male Senior 11 00:30:13 519 Simon Amery Unattached Male Vet 50 11 00:30:25 537 Darren Brown Unattached Male Vet 40 12 00:30:45 537 Danielle Taut Colchester & Tandring AC Female Junior 13 00:30:45 537 Danielle Taut Colchester & Tandring AC Female Senior 14 00:30:35 372 Phin <th>Position</th> <th>Time</th> <th>No</th> <th>First Name</th> <th>Surname</th> <th>Club Name</th> <th>Category</th>	Position	Time	No	First Name	Surname	Club Name	Category
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3100:32:39574PeterCarkeHarwich RunnersMale Vet 403200:32:46410LynnTannerColchester & Tendring ACFemale Vet 50+3300:32:48432TigerMinterSudbury Sports Centre None-AffUnable to place in Cat.3400:32:49385DuncanCheneryIpswich JaffaMale Vet 403500:33:03407GeofEverittIpswich JaffaUnable to place in Cat.3600:33:05428JohnColegateSudbury Sports Centre None-AffUnable to place in Cat.3700:33:05474KeithMiddleditchUnattachedMale Vet 453900:33:10323AlanJacksonIpswich JaffaMale Vet 454000:33:18486PatPartridgeSt Edmund PacersFemale Vet 50+4100:33:19317DavidRedmondsUnattachedMale Vet 454200:33:30470ChrisWadeFelixstowe Road RunnersMale Senior4400:33:34449DannyThompsonSudbury Sports Centre None-AffUnable to place in Cat.4500:33:42478JoTweedSt Edmund PacersFemale Vet 454600:33:42254DarrenBenwickSt Edmund PacersMale Senior4700:33:47387KimHawkinsUnattachedMale Vet 45	29	00:32:35	351	Dave	Vaughan	St Edmund Pacers	Male Vet 50
3200:32:46410LynnTannerColchester & Tendring ACFemale Vet 50+3300:32:48432TigerMinterSudbury Sports Centre None-AffUnable to place in Cat.3400:32:49385DuncanCheneryIpswich JaffaMale Vet 403500:33:03407GeofEverittIpswich JaffaUnable to place in Cat.3600:33:05428JohnColegateSudbury Sports Centre None-AffUnable to place in Cat.3700:33:05474KeithMiddleditchUnattachedMale Vet 453800:33:06323AlanJacksonIpswich JaffaMale Vet 453900:33:13584AndyBuckUnattachedUnable to place in Cat.4000:33:19317DavidRedmondsUnattachedMale Vet 404100:33:20477JonathanBurlsHarwich RunnersMale Vet 454300:33:30470ChrisWadeFelixstowe Road RunnersMale Senior4400:33:34449DannyThompsonSudbury Sports Centre None-AffUnable to place in Cat.4500:33:42478JoTweedSt Edmund PacersFemale Vet 454600:33:42254DarrenBenwickSt Edmund PacersMale Senior4700:33:47387KimHawkinsUnattachedMale Vet 45	30	00:32:36	579	Gail	Pryke	Ipswich Jaffa	Female Vet 40
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4300:33:30470ChrisWadeFelixstowe Road RunnersMale Senior4400:33:34449DannyThompsonSudbury Sports Centre None-AffUnable to place in Cat.4500:33:42478JoTweedSt Edmund PacersFemale Senior4600:33:42254DarrenBenwickSt Edmund PacersMale Senior4700:33:47387KimHawkinsUnattachedMale Vet 45	41	00:33:19	317	David	Redmonds	Unattached	Male Vet 40
4400:33:34449DannyThompsonSudbury Sports Centre None-AffUnable to place in Cat.4500:33:42478JoTweedSt Edmund PacersFemale Senior4600:33:42254DarrenBenwickSt Edmund PacersMale Senior4700:33:47387KimHawkinsUnattachedMale Vet 45	42	00:33:20	477	Jonathan	Burls	Harwich Runners	Male Vet 45
4500:33:42478JoTweedSt Edmund PacersFemale Senior4600:33:42254DarrenBenwickSt Edmund PacersMale Senior4700:33:47387KimHawkinsUnattachedMale Vet 45	43	00:33:30	470	Chris	Wade	Felixstowe Road Runners	Male Senior
46 00:33:42 254 Darren Benwick St Edmund Pacers Male Senior 47 00:33:47 387 Kim Hawkins Unattached Male Vet 45	44	00:33:34	449	Danny	Thompson	Sudbury Sports Centre None-Aff	Unable to place in Cat.
47 00:33:47 387 Kim Hawkins Unattached Male Vet 45	45	00:33:42	478	Jo	Tweed	St Edmund Pacers	Female Senior
	46	00:33:42	254	Darren	Benwick	St Edmund Pacers	Male Senior
48 00:33:49 431 Tim Blachurn Sudhury Sports Centre None-Aff Unable to place in Cat	47	00:33:47	387	Kim	Hawkins	Unattached	Male Vet 45
	48	00:33:49	431	Tim	Blacburn	Sudbury Sports Centre None-Aff	Unable to place in Cat.

Position	Time	No	First Name	Surname	Club Name	Category
49	00:33:50	560	Silas	Palmer	Unattached	Male Senior
50	00:33:52	558	Glyn	Peck	Harwich Runners	Male Vet 60+
51	00:34:00	517	Justin	Murphy	Unattached	Male Senior
52	00:34:04	564	Mark	Curteis	Halstead Road Runners	Male Senior
53	00:34:07	370	Chris	Gardiner	Unattached	Male Junior
54	00:34:12	543	Mark	Carlyle	Unattached	Male Senior
55	00:34:15	400	Andrew	Wilmot	Halstead Road Runners	Male Vet 55
56	00:34:17	540	Chris	Gladwell	Stowmarket Striders	Male Vet 45
57	00:34:24	577	Kevin	Webber	Harwich Runners	Male Senior
58	00:34:29	416	Liam	White	Bildeston Bounders AC	Male Junior
59	00:34:30	316	Paul	Simon	Unattached	Male Senior
60	00:34:35	378	Ray	Short	St Edmund Pacers	Male Vet 60+
61	00:34:43	382	Richard	Fellingham	Stowmarket Striders	Male Vet 55
62	00:34:47	591	Terry	Braverman	Newmarket Joggers	Male Vet 55
63	00:34:53	315	Jeremy	Smith	Stour Valley Joggers	Male Senior
64	00:34:59	341	, Mark	Lankester	Ipswich Jaffa	Male Senior
65	00:35:05	319	Ashton	Dyson	Unattached	Male Senior
66	00:35:09	369	Stephen	, Gardiner	Unattached	Male Vet 45
67	00:35:11	468	Roy	Humphreys	Sudbury Sports Centre None-Aff	Unable to place in Cat.
68	00:35:12	355	, Glenn	Morton	Unattached	Male Senior
69	00:35:14	595	Neil	Turner	Unattached	Male Senior
70	00:35:16	460	Mark	Harvey	Sudbury Sports Centre None-Aff	Unable to place in Cat.
71	00:35:21	573	?	McPhillips	Stowmarket Striders	Male Vet 45
72	00:35:22	244	Т	Crack	Unattached	Male Vet 50
73	00:35:22	530	Ross	Holmes	Unattached	Male Senior
74	00:35:35	453	Leroy	Quilter	Sudbury Sports Centre None-Aff	Unable to place in Cat.
75	00:35:39	541	Michelle	Constable	Ipswich Jaffa	Female Vet 35
76	00:35:49	251	Mario	Fergnani	Colchester Harriers	Male Vet 60+
77	00:35:51	523	Steve	McKenna	Unattached	Female Senior
78	00:35:52	553	John	Pauley	Colchester & Tendring AC	Male Senior
79	00:35:59	350	Simon	Page	Unattached	Male Vet 45
80	00:36:11	568	Adrian	Randell	Unattached	Male Senior
81	00:36:12	505	Michelle Van	Looy	Gt Bentley Running Club	Female Senior
82	00:36:13	552	Dean	Lindsell	Unattached	Male Senior
83	00:36:20	332	Emily	Bowen	Halstead Road Runners	Female Senior
84	00:36:25	247	Gary	Donoghue	Harwich Runners	Unable to place in Cat.
85	00:36:38	335	Julian	Cordwell	Harwich Runners	Male Vet 50
86	00:36:41	309	Robert	Shaw	Havering 90 Joggers	Male Vet 55
87	00:36:44	555	Shirley	Morris	Harwich Runners	Female Vet 40
88	00:36:45	334	Everad	Robinson	Charnwood AC	Male Vet 60+
89	00:36:56	582	marie	Shirley	Unattached	Female Senior
90	00:36:58	308	Carol	Merrill	Havering 90 Joggers	Female Vet 45
91	00:37:01	402	Hilary	Wood	Ipswich Jaffa	Female Vet 40
92	00:37:02	597	Paul	Dewwon	Unattached	Male Vet 50
93	00:37:08	240	Tony	Rivers	Halstead Road Runners	Male Vet 55
94	00:37:10	362	Tom	Chapman	Sud. Rugby Club U16's Non-Aff	Male Junior
95	00:37:12	339	Jerome	Hammond	Sud. Rugby Club U16's Non-Aff	Male Junior
96	00:37:14	397	Joseph	Head	Unattached	Male Senior

Position	Time	No	First Name	Surname	Club Name	Category
97	00:37:14	463	Ben	Patrick	Sudbury Sports Centre None-Aff	Unable to place in Cat.
98	00:37:15	414	David	Fackerill	Unattached	Male Senior
99	00:37:16	562	Colin	Newcombe	Ipswich Jaffa	Male Senior
100	00:37:20	588	S	Robirosa	Unattached	Female Vet 40
101	00:37:21	441	Sally	Mumford	Sudbury Sports Centre None-Aff	Unable to place in Cat.
102	00:37:22	367	Paul	Foster	Gt Bentley Running Club	Male Vet 45
103	00:37:25	337	Andrew	Cross	Unattached	Male Vet 45
104	00:37:26	371	David	Gardiner	Unattached	Male Senior
105	00:37:29	392	Pete	Lynham	Unattached	Male Senior
106	00:37:35	401	Mike	Hinshewood	Unattached	Male Senior
107	00:37:36	572	Tony	Wallen	Unattached	Male Senior
108	00:37:37	571	Cathy	Wallen	Unattached	Female Vet 35
109	00:37:38	459	John	Roberts	Sudbury Sports Centre None-Aff	Unable to place in Cat.
110	00:37:51	508	Roland	Knott	Harwich Runners	Male Vet 50
111	00:37:53	412	Oliver	Calver	Ipswich Triathlon Club	Male Senior
112	00:37:57	561	Kate	Wooldridge	Ipswich Jaffa	Female Senior
113	00:38:07	594	Frank	Gardiner	Gt Bentley Running Club	Male Vet 45
114	00:38:10	346	Keith	Thorgood	Halstead Road Runners	Male Vet 45
115	00:38:17	526	Graham	Moores	Unattached	Male Senior
116	00:38:35	525	David	McMahon	Unattached	Male Senior
117	00:38:47	238	Richard	Gould	Unattached	Male Vet 40
118	00:38:47	569	Paula	Gooch	Unattached	Male Senior
119	00:38:57	237	A	Tindall	Colchester & Tendring AC	Unable to place in Cat.
120	00:39:01	433	Nick	Okeefe	Sudbury Sports Centre None-Aff	Unable to place in Cat.
121	00:39:02	504	Dominic	Pain	Gt Bentley Running Club	Male Senior
122	00:39:04	566	Jim	MacTaggart	Halstead Road Runners	Male Vet 60+
123	00:39:05	592	Diana	Braverman	Newmarket Joggers	Female Vet 50+
124	00:39:06	488	Freddie	Mills	Unattached	Male Junior
125	00:39:10	518	Craig	Leonard	Unattached	Male Senior
126	00:39:13	343	David	Dadelszen	Sud. Rugby Club U16's Non-Aff	Male Junior
127	00:39:16	406	Leslie	Morley	Halstead Road Runners	Male Vet 55
128	00:39:19	450	John	Watson	Sudbury Sports Centre None-Aff	Unable to place in Cat.
129	00:39:20	398	Paul	Theobald	St Edmund Pacers	Male Vet 45
130	00:39:21	570	Stephen	Griffiths	Unattached	Male Vet 40
131	00:39:27	347	lan	Fovarge	Hadleigh Hares AC	Male Vet 40
132	00:39:34	527	Justin	Ambrose	Unattached	Male Senior
133	00:39:35	496	Tim	Stovel	Unattached	Male Senior
134	00:39:41	514	Alan	Pearson	Unattached	Male Senior
135	00:39:42	513	Nigel	Hughes	Unattached	Male Vet 40
136	00:39:42	515	Rupert	Lown	Unattached	Male Senior
137	00:39:44	469	Gemma	Bartoli	Unattached	Female Senior
138	00:39:46	497	Simon	Cross	Unattached	Male Vet 40
139	00:39:51	593	Chris	Taylor	Unattached	Male Senior
140	00:39:52	368	Kim	Chatting	Gt Bentley Running Club	Female Senior
141	00:39:53	537	Kev	Driver	Ipswich Jaffa	Male Senior
142	00:39:56	408	Robert	Rowland	Unattached	Male Vet 60+
162	00:40:00	581	Miles	Johnson	Comberton Joggers	Male Vet 50
143	00:40:03	500	Charlie	Stannett	Ipswich Triathlon Club	Male Vet 45
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Position	Time	No	First Name	Surname	Club Name	Category
144	00:40:10	415	Paul	Wood	Unattached	Male Senior
145	00:40:11	448	Becky	Golding	Sudbury Sports Centre None-Aff	Unable to place in Cat.
146	00:40:12	446	Matthew	Ridley	Sudbury Sports Centre None-Aff	Unable to place in Cat.
147	00:40:14	580	John	Taggart	Unattached	Male Senior
148	00:40:15	445	Jamie	Hurst	Sudbury Sports Centre None-Aff	Unable to place in Cat.
149	00:40:16	246	Tom	Benton	Unattached	Male Senior
150	00:40:17	596	Andrew	Gabraith	Ipswich Jaffa	Male Senior
151	00:40:26	363	John	O'Keefe	Unattached	Male Senior
152	00:40:27	556	Katherine	Richardson	Colchester & Tendring AC	Female Junior
153	00:40:29	507	Elspeth	Knott	Harwich Runners	Female Vet 50+
154	00:40:33	381	Snadra	Bernthal	Unattached	Female Vet 50+
155	00:40:34	380	Graham	Bernthal	Unattached	Male Vet 50
156	00:40:40	585	Barbara	Law	Gt Bentley Running Club	Female Vet 50+
157	00:40:45	376	Andrew	Mills	Unattached	Male Vet 45
158	00:40:49	461	Mark	Chelsea	Sudbury Sports Centre None-Aff	Unable to place in Cat.
159	00:40:52	250	Jackie	Godridge	Newmarket Joggers	Female Vet 50+
160	00:40:57	559	Paul	Fenwick	Halstead Road Runners	Male Vet 45
161	00:41:00	499	Kate	Stannett	Ipswich Triathlon Club	Female Vet 40
163	00:41:00	473	Peter	Thomas	Unattached	Male Vet 60+
164	00:41:00	383	Anne	Fellingham	Stowmarket Striders	Female Vet 50+
165	00:41:07	325	Robert	Snazell	St Edmund Pacers	Male Vet 50
166	00:41:08	491	David	Bevan	Unattached	Male Vet 50
167	00:41:14	598	Gordon	Charlisworth	Unattached	Male Vet 45
168	00:41:17	494	Matthew	Ward	Unattached	Male Senior
169	00:41:25	440	David	Osbourne	Sudbury Sports Centre None-Aff	Unable to place in Cat.
170	00:41:30	493	Robin	Bray	Unattached	Male Senior
171	00:41:35	373	David	Worvell	Unattached	Male Vet 40
172	00:41:37	303	Richard	Seager	Unattached	Male Vet 40
173	00:41:41	501	Becky	Wall	Unattached	Female Senior
174	00:41:45	536	Simon	Hobson	Unattached	Male Senior
175	00:41:50	429	Alan	Dickenson	Sudbury Sports Centre None-Aff	Unable to place in Cat.
176	00:42:04	583	Peri	Collins	Halstead Road Runners	Female Vet 35
177	00:42:06	348	Colin	Haffenden	Unattached	Male Senior
178	00:42:20	345	Mick	Purkiss	Halstead Road Runners	Male Vet 50
179	00:42:24	358	Fred	Welham	Unattached	Male Vet 50
180	00:42:29	495	Darren	Baker	St Edmund Pacers	Male Vet 40
181	00:42:39	349	James	Smith	Unattached	Male Senior
182	00:42:49	548	Christopher	Ryland	Ipswich Triathlon Club	Male Vet 50
183	00:42:55	405	Daniel	Frenin	Unattached	Male Senior
184	00:42:58	516	Т	Pillet	Unattached	Male Senior
185	00:42:59	480	Kirsty	White	Stour Valley Joggers	Female Senior
186	00:43:00	374	Samuel	Worvell	Unattached	Male Junior
187	00:43:01	336	James	Howard	Sud. Rugby Club U16's Non-Aff	Male Junior
188	00:43:10	482	Colin	Risley	Unattached	Male Vet 50
189	00:43:16	377	Erica	Short	St Edmund Pacers	Female Vet 50+
190	00:43:19	305	lan	Kossik	Unattached	Unable to place in Cat.
191 192	00:43:20 00:43:26	471 310	Katy Gary	Nash Sparkes	Stowmarket Striders Unattached	Female Senior Male Vet 40

Position	Time	No	First Name	Surname	Club Name	Category
193	00:43:41	314	Richard	Taylor	Unattached	Male Vet 40
194	00:43:43	456	Chris	Barker	Sudbury Sports Centre None-Aff	Unable to place in Cat.
195	00:43:44	576	Seson	Goodridge	Chat Ying Kuen Kung Fu Club	Male Senior
196	00:43:45	417	Annette	White	Bildeston Bounders AC	Female Vet 45
197	00:43:49	318	Graham	Page	Unattached	Male Vet 45
198	00:43:50	326	Matthew	Snazell	St Edmund Pacers	Male Senior
199	00:43:51	324	Helan	Snazell	St Edmund Pacers	Female Vet 45
200	00:43:52	575	Simon	Matthews	Chat Ying Kuen Kung Fu Club	Male Senior
201	00:43:54	578	Louise	tanous	Ipswich Triathlon Club	Female Vet 40
202	00:44:01	528	Daniel	Сох	Unattached	Male Senior
203	00:44:05	481	Euan	Bingham	Unattached	Male Vet 45
204	00:44:07	304	Trevor	Crisell	Unattached	Male Vet 45
205	00:44:11	338	James	Hanmer	Sud. Rugby Club U16's Non-Aff	Male Junior
206	00:44:12	551	Daryl	Butcher	Harwich Runners	Male Vet 45
207	00:44:13	544	Nick	Huggins	Unattached	Male Vet 50
208	00:44:14	360	Roger	Ashdown	Halstead Road Runners	Male Vet 55
209	00:44:14	396	Paul	Travelyan	Unattached	Male Vet 45
210	00:44:18	472	Georgina	Faily	Unattached	Female Senior
211	00:44:27	413	George	Collins	Unattached	Male Senior
212	00:44:45	388	Cliff	Manning	Unattached	Male Vet 40
213	00:44:49	439	Sarah	Kent	Sudbury Sports Centre None-Aff	Unable to place in Cat.
214	00:44:52	390	Sean	Mitchell	Unattached	Male Senior
215	00:44:53	438	Robert	Osborne	Sudbury Sports Centre None-Aff	Unable to place in Cat.
216	00:44:55	306	Les	King	Unattached	Male Vet 55
217	00:45:02	312	William	Hunt	Unattached	Male Senior
218	00:45:08	243	Trevor	Donovan	Unattached	Male Senior
219	00:45:12	322	Lyndon	Collier	Stour Valley Joggers	Male Vet 50
220	00:45:16	353	Mark	Jay	Unattached	Male Senior
221	00:45:17	327	Jason	Theobald	Unattached	Male Junior
222	00:45:17	328	Kevin	Theobald	Unattached	Male Vet 40
223	00:45:21	590	D	Turner	Unattached	Male Vet 60+
224	00:45:29	236	Daniel	Willams	Unattached	Male Senior
225	00:45:29	320	Miranda	Hart	Unattached	Female Vet 45
226	00:45:30	342	R	Smith	Unattached	Unable to place in Cat.
227	00:45:31	364	Roy	Baldwin	Unattached	Unable to place in Cat.
228	00:45:34	545	Tracey	Shorter	St Edmund Pacers	Female Vet 40
229	00:46:07	549	Jane	Hayden	St Edmund Pacers	Female Vet 40
230	00:46:28	302	Greg	Deeks	Unattached	Male Senior
231	00:46:41	395	Lisa	Boyle	Unattached	Female Senior
232	00:46:48	379	Chankel	Mayes	Unattached	Female Senior
233	00:47:12	600	Richard	Manning	Unattached	Male Senior
234	00:47:15	599	Lisa	Berridge	Unattached	Female Senior
235	00:47:37	393	Nicky	Rogers	Unattached	Unable to place in Cat.
236	00:47:38	503	Kate	Arkell	Unattached	Female Senior
237	00:47:39	479	Daniel	Rowe	Unattached	Male Junior
1	00.47.50	476	John	O'Sullivan	Unattached	Male Vet 50
238	00:47:50	170				
238 239	00:47:50	490	Jennie	Grimwood	Newmarket Joggers	Female Vet 50+

Position	Time	No	First Name	Surname	Club Name	Category
241	00:48:40	321	Simon	Durrant	Sud. Rugby Club U16's Non-Aff	Male Junior
242	00:48:43	359	Mark	Winterford	Unattached	Male Senior
243	00:48:52	512	Jamie	Lockier	Unattached	Male Senior
244	00:49:20	567	Bex	Randall	Unattached	Female Vet 35
245	00:49:30	331	Abigail	Bowen	Unattached	Female Junior
246	00:49:31	452	Roger	Hibbert	Sudbury Sports Centre None-Aff	Unable to place in Cat.
247	00:49:33	311	Fiona	Sparkes	Unattached	Female Vet 35
248	00:49:39	352	Jenny	Vaughan	St Edmund Pacers	Female Vet 45
249	00:50:35	366	Julie	Gowans	Unattached	Female Vet 40
250	00:51:06	532	David	Horsley	Unattached	Male Senior
251	00:51:12	546	Brian	Hastins	Halstead Road Runners	Male Vet 55
252	00:51:14	344	Shelia	Purkiss	Halstead Road Runners	Female Vet 50+
253	00:51:15	510	Leanne	Stokes	Unattached	Female Junior
254	00:51:16	509	Vincent	Stokes	Unattached	Male Vet 40
255	00:51:16	421	Susanne	Scanlan	Sudbury Sports Centre None-Aff	Unable to place in Cat.
256	00:51:23	245	Mark	Harvey	Unattached	Unable to place in Cat.
257	00:51:24	464	Matthew	Patrick	Sudbury Sports Centre None-Aff	Unable to place in Cat.
258	00:51:27	539	Sally	Wiseman	Unattached	Female Vet 35
259	00:51:35	521	Abigail	Taylor	Unattached	Female Vet 40
260	00:52:25	457	Jamie	Lockyer	Sudbury Sports Centre None-Aff	Unable to place in Cat.
261	00:52:26	444	Colin	Taylor	Sudbury Sports Centre None-Aff	Unable to place in Cat.
262	00:52:28	533	Scot	Smith	Unattached	Male Senior
263	00:52:29	534	lan	Walton	Unattached	Male Senior
264	00:53:34	252	Mark Le	Pordevin	Unattached	Male Senior
265	00:53:42	375	Tany	Bowers	Unattached	Female Senior
266	00:53:49	498	Jane	Riley	Stour Valley Joggers	Female Vet 50+
267	00:53:56	483	Robert	Ling	Unattached	Male Vet 50
268	00:54:38	547	Jean	Hastings	Halstead Road Runners	Female Vet 50+
269	00:54:41	435	Janine	Lisack	Sudbury Sports Centre None-Aff	Unable to place in Cat.
270	00:54:42	436	Steven	Miles	Sudbury Sports Centre None-Aff	Unable to place in Cat.
271	00:54:43	437	Paul	Hamblett	Sudbury Sports Centre None-Aff	Unable to place in Cat.
272	00:54:44	434	Richard	Baldwin	Sudbury Sports Centre None-Aff	Unable to place in Cat.
273	00:54:54	550	Debi	Marfleet	St Edmund Pacers	Female Vet 45
274	00:54:54	502	Charlotte	Davie	Unattached	Female Senior
275	00:54:55	538	Jenni	Lace	Gt Bentley Running Club	Female Senior
276	00:54:56	520	Joane	Doust	Unattached	
277	00:55:47	462	Chris	Beer	Sudbury Sports Centre None-Aff	Unable to place in Cat.
278	00:55:59	356	Hannah	Pettifer	Unattached	Female Senior
279	00:56:06	357	Susan	Pettifer	Unattached	Female Vet 50+
280	00:56:06	307	Wendy	Rose	Unattached	Unable to place in Cat.
281	00:56:09	313	lan	Mansfield	Unattached	Male Senior
282	00:57:33	333	Randel	Bowen	Unattached	Male Vet 60+
283	00:57:35	301	Michelle	Woodley	Unattached	Female Vet 35
284	00:57:39	361	Diane	Ashdown	Unattached	Female Vet 45
285	00:57:41	404	Hayley	Newcombe	Unattached	Female Senior
286	00:57:43	241	Richard	Holmes	Unattached	Unable to place in Cat.
287	00:57:43	242	James	Oreilly	Unattached	Male Senior
288	00:58:07	235	Les	Charlesworth	Colchester Harriers	Male Vet 45

Position	Time	No	First Name	Surname	Club Name	Category
289	00:58:07	340	Gemma	Schwenk	Unattached	Female Junior
290	00:59:00	418	Lisa	Rowe	Sudbury Sports Centre None-Aff	Unable to place in Cat.
291	00:59:01	422	Karen	Pooley	Sudbury Sports Centre None-Aff	Unable to place in Cat.
292	01:00:16	511	Steve	Hale	Unattached	Male Senior
293	01:00:27	484	Anglia	Curtis	Unattached	Female Vet 40
294	01:00:28	485	Rebecca	Watkins	Unattached	Female Senior
295	01:05:09	522	Yasmine	Sierey	Unattached	
296	01:07:03	563	Mary	Newcombe	Unattached	Female Vet 50+
	dns/dnf	419	Amy	Bagnell	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	420	Mary	Smith	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	423	Claire	Wright	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	424	Laura	Munson	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	425	Clerkin	Charlie	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	426	То	Eady	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	427	Malcolm	Adams	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	430	Lyndsey	Stearns	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	442	Steven	Benson	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	443	Kirk	Powell	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	447	Mike	Browne	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	451	Richard	Hibbert	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	454	James	Petts	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	455	Tracey	Gaddick	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	458	Stephen	Bartholomew	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	465	Steven	Francis	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	466	Leon	Pennick	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	467	Sarah	Moores	Sudbury Sports Centre None-Aff	Unable to place in Cat.
	dns/dnf	253	Chris	Hayman	Unattached	Unable to place in Cat.
	dns/dnf	329	Jason	Rendall	Unattached	Male Senior
	dns/dnf	330	Roz	Rendall	Unattached	Female Vet 35
	dns/dnf	365	Dean	Breward	Unattached	Male Senior
	dns/dnf	492	Philip	Wallace	Unattached	Male Vet 40
	dns/dnf	524	John	Robinson	Unattached	Unable to place in Cat.